

April - June  
2015



## CEO Corner Sandi Marshall



### Investing in Your Future!

Great News! Those of you who are eligible to participate in our 401k employer contribution will see at least a 5% distribution on your behalf added to your 401k retirement account when you get your first quarter statement in April. This means that your account will be credited with an amount equal to 5% of your earnings in 2014.

In addition, if you voluntarily put some of your own money aside into your 401k, and are otherwise eligible for an employer distribution, you can get up to an additional 2% to match your contributions.

In 2014, we had 180 people eligible to receive funds from DHI. Of that number, 114 people also contributed a certain amount or percentage of their income each paycheck. The amount is up to you! The real benefit of this is that all of your own contributions are *before taxes*. This means you are not paying taxes on that portion of your income because you are setting it aside for retirement. You are paying yourself and saving money while doing so! Who wouldn't like that?

The board just approved revisions to our Retirement Policy (#320 in the Employee Handbook) that describe in detail everything you need to know about DHI's retirement plan, in a nutshell. And, the best part is, you don't have to be a full-time benefitted employee to qualify!

Part-time people who work at least 1,000 hours in the year (that's about half-time), and are at least 18 years of age, may be eligible for a contribution from DHI. And anyone, regardless of how much you work, can start putting your own money aside, tax free, for retirement, as soon as you start working here.

Watch for the revised policy to be sent by email and s-comm, and to be in the new handbook on the DHI website. And rest assured that you are investing in your future!

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#### Holiday's and Closures

4/3 Good Friday  
4/5 Easter  
5/25 Memorial Day



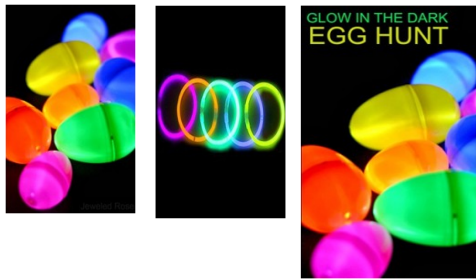
## Black Hills Regional Ski for Light 2015 Donnie Fraiser

Black Hills Regional Ski for Light has been running for 36 years and our own Donnie Fraiser has been attending for the last 11 years. This year he took 1st place in the Down Hill Race with the fastest time at 29 minutes. While there he gets to partner up with one of his good friends Beth Stenehjem, go for snowmobile rides and enjoy lots of great company. Donnie is planning on going back next year and is aiming for 19 minutes in the Down Hill Race.





# Pinterest Projects of the Month Kristie Aarvig



## You will need:

- Glow stick bracelets
- Treats or treasures
- Tape
- LARGE Easter eggs

You can get all of these items at the Dollar Tree. The glow bracelets come in a pack of 5, and the eggs come in a pack of six. Do not try to use small Easter eggs like I did the first time. If you bend the glow sticks too much they break and the glow liquid will ooze all over. All you have to do is activate and assemble the bracelets and tuck them into the larger Easter eggs with a treat. I secured ours with tape to prevent the eggs from popping open. Finding glowing eggs in the dark is fun both inside and outside. Not only do kids get fun treats and surprises, but they also LOVE playing with the glow bracelets tucked inside.

## Summertime New Uses for Old Things

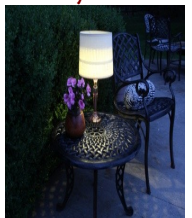
### Ice Cube Tray as Sunburn Soother

Freeze cubes of aloe vera for instant sunburn relief when you forget the SPF.



## Light Up Your Night with an Easy Outdoor Table Lamp

Hit up Goodwill and the hardware store to make this lamp for a deck or poolside patio in minutes. This might be the easiest lamp makeover you'll ever see. A quick trip to Goodwill, where I found a really cool pink acrylic lamp, and to the hardware store and a few minutes with a pair of scissors were all it took to add some soft light to my outdoor space. An **electricity-free and battery-free outdoor table lamp** like this one — it's solar powered — is perfect for summer nights on your patio or deck.



## Materials and tools:

Scissors

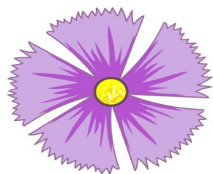
Solar landscaping light (Lowe's for about \$9)

Lamp base (about \$5 at Goodwill)

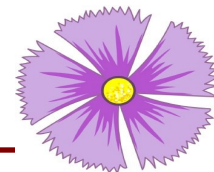
**Lamp shade** with socket frame (about \$4 at Goodwill)

1. Snip off the electric cord at the base of the lamp.
  2. Unscrew the socket and pull out the remaining cord.
  3. Cut off the cord at the base of the socket.
  4. Remove the metal bracket and screw the socket back on the threaded post.
  5. Place the shade down over the socket.
  6. Make sure the **wire shade** frame is snug on the socket.
  7. Remove the plastic spike from a **landscaping solar light**.
  8. Place the top of the solar light (with the small solar panel facing up) snugly into the socket. If yours is wobbly, try using some padding in the socket around the light base. A folded-up piece of scrap fabric, foam or even florist's putty would work well.
- Voilà! This cute little lamp looks great outdoors, day or night.





## Thank You



“No one is more cherished in this world  
than someone who lightens the burden of another.”  
-Unknown Author

My most heartfelt thank you, goes to my fellow coworkers who donated sick hours on my behalf while I was recovering from surgery. I will be forever grateful. I am so blessed to work with you all - You have great big hearts. I would also like to thank Development Homes, Inc. for having such a program on behalf of their employees. I am proud to say that I have been an employee for almost 14 years.

Thanks again,  
Sue Lunski

## Congratulations

Congratulations to Kelsey Franks,  
staff at 802, and Sara Bondy, QPS on  
the birth of their baby girls!



Brittney Peterson, staff at 1211 tied for 2nd  
place on Saturday the 7th at the Winter  
Triathlon. Funds raised to benefit those with  
Parkinson's.



## Payroll Reminder

April  
Wed. 15th & Thurs. 30th

May  
Fri. 15th & Fri. 29th

June  
Mon. 15th & Tues. 30th



Please also keep the payroll office/HR  
Department updated with any change of  
address that you may have throughout  
the year. All forms are available in the  
waiting room at the main office.



## Classifieds

**GIVEAWAY**—21” Tube TV in good  
working condition. Please Contact Kristie  
Aarvig at 701-335-4000.

**Pontoon For Sale:**  
2010 Sweet Water Pontoon – Red & Tan  
18 foot with Triple pontoons  
40 Horse Yamaha 4 stroke motor  
Radio, CD player & Fish Finder  
Selling for \$12,500.00  
For more information please contact  
Karen Raymond at 218-289-7085



## New Employees That Have Joined the DHI Team

### January

Lia Marynik  
Nicholas Hagen  
Halima Gaani  
Jowhara Mohamed  
Louis Abongningong  
Francoise Assi  
Jodi Wilkie  
Jennifer Bolen  
Naimo Farah  
Jeremy Sich  
Andrea Romero  
Amanda Stjern  
Christopher Campbell  
Megan Green  
Zakariy Sharif  
Anab Digale  
Sara Ntap  
Keyf Farah  
Abshir Nur  
Morris Kamara  
Samantha Albrecht  
Achene Mechid

### February

Nicole Jefferson  
Julianna Lima  
Chelsie Kvasager  
Suzanne Crocker  
Robert Tibbetts  
Mari Sweeney  
Hailey Tollefson  
Ashley Munnell  
Alexandra Smith  
Chantel Urban  
Shawana Alcantara  
Chelsey Charboneau  
Riley Hegland  
Amanda Edwardson  
Lucas Thorson  
Calrie Steffenson

### March

Muraya Gelle  
Sarah Galbraith  
Ambrose Ibenaga  
Courtney Place  
Mickayla Hellyer  
Amal Ahmed  
Samantha Gonzalez  
Muna Shirdon



## Employee Anniversaries

### April

Logan Anderson	1
Alexandra Flynn	1
Maryl Thorn	1
Sheikhmohamed Abdulqadir	1
Sullivan Ade	1
Om Pokhrel	1
Courtney Rowan	1
Ashton Carda	1
Justine Green	1
Jazmin Scott	1
Garret Thoralkson	1
Maryam Ali-Aisa	1
Deneka Lecy	1
Shelby Braaten	2
Jessica Kobetsky	2
Tanya Matson	2
Sydney Schmitz	2
Tianna Boaz	2
Sarah Fay	2
Lorraine Lubarski	3
William Rerick	3
Heather Flores	3
Katy Ramey	3
Naomi Mathsen	3
Stacia Swenson	4
Michelle Hendrickson	4
Rebecca Spitzer	4
Fanta Kromah	7
Rod Huus	7
Jamie Tverberg	7
Carla Bakken	10
Stephanie Paulette	12
Michalle Radke	12
James Peterson	13
Suzana Jelen	14
Remie Cowan	20

### May

Denise Arneson-Kvasager	1
Kelsie Grenier	1
Earl Hilliard	1
Brittany Kostrzewski	1
Morgan McElligott	1
Shirin Nour	1
Saïdo Ahmed	1
Marlon Mengot	1
Kasha Zolondek	1
Kal Datz	1
Nicole Gibson	1
Brenda Johnson	1
Andrea Wiener	1
Amanda Dalzell	2
Andrew Gleich	2
Bryce Bommersbach	2
Melinda Kost	2
Selam Gullicks	2
Alex Lynch	2
Asmahan Ahmed	2
Susan Campbell	2
Atewa Jimor	2
Karlee Liddle	3
Andrea Nelson	3
Alisia Cross	4
Maxine Garza	4
Allison Jaynes	4
Angie Litzinger	4
Shelby Bommersbach	5
Abby Boschee	7
Emily Smith	7
Jonathan Thompson	7
Tanner Bommersbach	8
Tammy Slininger	9
Tess Wagenaar	14
Deb Knopp	19

### June

Matthew Ashpole	1
Shadia Jeylani	1
George Roughead	1
Natalie Braaten	1
Atlanta Hondl	1
Courtney Malm	1
Emily Landowski	1
Tasha Olson	1
Madison Gerszewski	1
William Feltus	1
Erin O'Toole	1
Darena Daignault	1
Sandrine Ndetah	1
Sydney Buckle	2
Bonny Reese	2
Sadiyo Gelle	2
Enku Lemma	2
Christina Ramstad	2
Rebecca Rath	2
Tatiana Risky	3
Sandra Nygord	3
Stephen Chiejina	4
Arinoh Kwouajoh	4
Lindsey Beattie	4
Debra Boaz	4
Elvis Kintang	4
Karen Raymond	4
Conor Roche	4
Kristina Dvergsten	4
Joseph Bailey	5
Kari Melberg	5
Brittney Peterson	5
Elizabeth Knudson	13
Tina Eisenman	14
Nathaniel Matt	14
Stacey Rudolph	17
Mary Mattern	27

R

**Beefy Mexican Soup**

Makes: 6 servings

1lb. Lean Ground Beef  
 1 Medium Onion, chopped (1/2 Cup)  
 1/4 C. Chopped Green Bell Pepper  
 5 C. Hot Water  
 1 Pkg. Hamburger Helper Chili Macaroni  
 1 tsp. Chili Powder  
 1/2 tsp. Garlic Salt  
 2 C. Diced Tomatoes ( from 28oz. Can), undrained  
 1 Can (8 1/2 oz) Whole Kernel Corn, undrained  
 2 Tbsp. Sliced Pitted Ripe Olives



1. Cook beef, onion, and bell pepper in 4-quart Dutch Oven over medium-high heat, stirring occasionally, until beef is brown; drain.
2. Stir in hot water, sauce mix, chili powder, garlic salt and tomatoes. Heat to boiling, stirring constantly.
3. Reduce heat; cover and simmer 10 minutes, stirring occasionally. Stir in uncooked pasta, corn, and olives. Cover and cook 10 minutes longer.

C

**Carrot Cake Crunch**

1 Box Carrot Cake Mix  
 15 oz. Canned Pumpkin  
 12 oz. Evaporated Milk  
 3 Large Eggs  
 1 1/2 C. Sugar  
 1 tsp. Cinnamon  
 1/2 C. Chopped Pecans  
 1 C. Butter  
 Whipped Topping

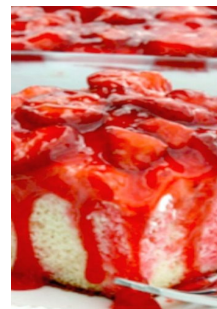


Preheat oven to 350° F. Grease bottom of rectangular baking pan. Combine pumpkin, evaporated milk, eggs, sugar, cinnamon and salt in a large bowl then pour into pan. Sprinkle dry cake mix evenly over pumpkin mixture then top with pecans. Drizzle melted butter over pecans. Bake at 350° for 50 minutes then cool completely. Top with whipped topping and serve.

p

**Strawberry Cream Cake**

1 (18.25 oz) Box White Cake Mix  
 1 Small Box Strawberry Gelatin  
 1 C. Hot Water  
 1 Container Cool Whip  
 2 Cans Strawberry Pie Filling



Mix cake according to box directions. Bake in a 13x9-inch pan. Cool slightly, then punch holes in cake. Mix small package of gelatin with 1 cup hot water, then pour over cake. Put in refrigerator to chill. Spread cake with strawberry pie filling, then spread thawed Cool Whip over the top.

S

Submitted by Julie Vold



# PUZZLES

## Guess What it Says?

1 another    one thing	2 <b>heart</b>	3 thought    But thought
4 <b>LEAST</b>	5 MILL1ON	6 <b>FOOL</b>
7 historyhistoryhistory	8 musically	9 ↓ <b>end</b>
10 B R I A N	11 ↑ <b>FILE</b>	12 <b>ecapace</b>
13 <b>ECNALG</b>	14 L O V E H A T E	15 ALL THINGS all things

 SCHOLASTIC  
<http://teacher.scholastic.com>



## Backyard Fun Word Search Puzzle

E A O P I C N I C P W R I M V  
 O N P L A Y G R O U N D H A B  
 M H I Y M T T N G R E A D A A  
 F R V L I R A N G L G A D A Z  
 H E C E O M I Y O N N M U E Q  
 C O A F W P Z O I I I B T X A  
 T Y D O M S M W U N B A E U Y  
 A B N A T C S A T S M R U Q X  
 C S C P U Q N O R C I B Q G A  
 T I O N N T N E T T L E O I L  
 F R I S B E E M A X C Q R E E  
 R L E M O N A D E F U U C D R  
 L O U N G I N G C Q Q E Y I B  
 L L L A B Y E L L O V H N L Z  
 R Z M I W S C N O N F F K S B

BADMINTON    SNOWMAN  
 BARBEQUE    SWIM  
 CAMPING    SWING  
 CATCH    TENT  
 CLIMBING    TRAMPOLINE  
 CROQUET    VOLLEYBALL  
 FORT  
 FRISBEE  
 LEMONADE  
 LOUNGING  
 PICNIC  
 PLAYGROUND  
 READ  
 RELAX  
 SLIDE

# James Wolfgram's Athletic Spotlight

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**James Wolfgram**, who goes by "Wolfy", is 30 years old and has been participating in Special Olympics for 8 years. Wolfy currently participates in bowling, basketball, Track, Unified Soccer, and Powerlifting. He has also previously participated in Unified Volleyball and Unified Team Handball.

Wolfy's favorite Special Olympics moment was being selected as an All-Tournament player two years in a row in basketball. "I really enjoy winning gold and silver medals...especially the gold ones!" he said.

Wolfy's favorite Special Olympics sport is bowling, especially when he gets multiple strikes in a row, and bowls an occasional "Turkey", which is 3 strikes in a row. He has bowled a 221 game and has had one 600 series during his Special Olympics bowling career.

## Wolfy's favorites:

**Sport Saying:** "Keep trying your best"

**Food:** Lasagna

**Movie:** "Rock Star" because it's about a guy trying to be a band member; the movie also has cool music! Wolfy likes to play the drums when he wants to "Rock-out"

**Hobbies:** hanging out at the Listen Center, spending time with his friend Tina, and his other friends; driving his car, a Chevy Cobalt, around town; and visiting his friend Daarin who lives in Wisconsin. Wolfy, although a Dallas Cowboys fan, plans on attending a Green Bay Packers game at Lambeau Field this year while in Wisconsin...he thought it would be cool to catch a Packers game!

**Special Olympics goal:** To keep working hard and hopefully receive a nomination and selection to represent Team North Dakota at the 2018 Special Olympics USA National Summer Games. (photo on pg 6)







## Development Homes Speakers' Bureau off and running

Since October, DHI's speakers' bureau meets on alternating Tuesdays to work on public speaking skills using the toastmasters program. According to a recent article in Slate Magazine the most important skill that you need in order to succeed is communication. Our toastmasters group discusses and practices the keys to great communication including; Listening skills (learn to listen two to three times more than you speak) language skills (know your grammar, vocabulary, sentence structure), Presentation skills (learn public speaking and how to tell stories), Nonverbal skills (learn to control your posture, gestures, presence) (Slate, March 27, 2015). Each session focuses on a different aspect of communication and from week to week participants work on a speech and then have the opportunity to practice. The speaker's bureau, funded by the ND state council on developmental disabilities) began as a way to develop leadership and self advocacy skills for our consumers. Our consumers participate in many community activities; they work, they participate in sports, attend community events and yet they are still sometimes marginalized. In part, because the community does not know enough about our consumers and the role that organizations like DHI play in the community. The goal of the speakers' bureau is for participants to go out into the community and talk about themselves, their lives and DHI. Robert Johnson, was the first member of the speakers bureau that made a public presentation. He presented stories of his life at Central High School to over 65 students and teachers. Since then we have had a brown bag lunch and a presentation at the Firehall Theatre following the showing of "I Am a Person." The speakers' bureau is open to all, for more information or if you would like to join, please contact Michelle at 335-4089.

## End The R-Word by Marj Sobolik

Roberta greeted you as you entered the reception area. Would you like to sign? she asked pointing to a large pledge sheet with the words End the R-word. Her own name, Roberta Middagh, is written there with artistic flair, reminding one of John Hancock's signatures as he too pledged to a greater endeavor. She then gave you a sticker, a reminder of your commitment.

On March 17, at the DHI Education Center, three members of DHI's Speakers Bureau, Davita Wynne, Donnie Fraiser, and Robert Johnson, addressed the topic of Ending the R-Word. Each did it in a personalized way by addressing who they are and the contributions that they have made.

Davita spoke first. She informed the audience about a new club formed in Grand Forks called the Aktion Club. Davita had been president of the Grafton club and spoke with great enthusiasm about their activities, both as a social club and as volunteers in the community.

Robert followed speaking about his blog at [www.sharingmylife.org](http://www.sharingmylife.org). Robert said that he and his brother, Sam, work together on writing this blog. He gave a brief talk on the entries and encouraged the audience to follow his activities through this site.

Donnie completed the speech presentations by speaking of his skiing adventures. He told the audience that the ski trip to Rapid City was an annual event for him. He has done this for 10 years. Donnie spoke about completing the ski slope in 29 minutes and was going to work on getting his time down to 19 minutes. He said with conviction that he could do it in 19 minutes.

When they completed their individual presentations they formed a panel to take questions from the audience. The DHI audience had numerous questions which the panel did a great job of addressing.

A second panel group is planned in the upcoming months with members of the Speakers Bureau again presenting topics of interest to DHI staff and guests. **(Continued on next page)**



## End The R-Word by Marj Sobolik

Robert moved across the floor, moon walking for his appreciative audience. Doing an impression of Mr. T, don't be a fool, stay in school, he reached his audience with his message. I am a unique person with thoughts and talents. I am someone to know, to respect.

Robert's audience was a group of about fifty people, students and teachers from Central High School. On March 6, they gathered at the school to listen to individuals speaking about "Ending the R word". Robert Johnson is a member of Development Homes Inc.'s newly formed Speakers Bureau. This group has been organized to give its members a platform to voice their interests. It also is available to outside groups interested in the personal insights of those with developmental disabilities.

The guest speakers gave individual presentations then formed a panel to take questions from the audience. The first speaker spoke about his feelings about the R word and how disrespectful it was to use it. He also stressed that using the word was hurtful to him personally. Robert followed next speaking about his life and asking those present to end the use of the R-word.

The panel discussion that followed was lively with each member contributing to our understanding of the importance of valuing others as individuals. They talked about their lives, struggles and triumphs. The audience laughed, nodded, connected.





# **Pammy's Pet Parade** By Pam V.

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## **Traveling with your pet safely by car, airplane, train, or ship.**

### **Traveling by Car**

The safest and most comfortable ways are to travel inside a carrier crate.

Dogs should not be allowed to roam in the car. Use a crate that is anchored to the vehicle using a seatbelt.

Cats should be kept in carriers. Restrain the carrier so it doesn't get bounced around and hurt your cat. You can use a seatbelt to secure the carrier.

Keep carriers and crates in the back seats, because if the airbag deploys while the pet is in the front seat even in the crate or carrier, it will injure your pet.

Keep dog's heads inside car, no sticking the head out the window, animals can be injured by particles or debris or become sick by having cold air forced into their lungs. Transporting in the back of an open pickup truck is a HUGE NO NO! Stop frequently for pets to exercise and potty. Use a collar, ID tag, and leash. Also, to feed small meals and give water.

Never leave your pet in the car alone. Especially in the heat, at 72° outside the temperature in your car can reach to 116° within an hour. Even with the window cracked 85° day can reach 102° in just 10 minutes. If longer than 30 minutes your pet can suffer irreversible organ damage or death.

### **Traveling by Airplane**

DO NOT TRANSPORT by airplanes unless absolutely necessary. Travel can be dangerous, especially for pets with pushed in faces – Bulldogs, Pugs, and Persian Cats. They can develop oxygen deprivation and heat stroke. If you have to fly – put pets in cabin with you under your seat for the usual price of \$100.00 to \$125.00 per one way depending on airline carriers. Check for health and immunizations you will need. Specific carriers will have to go through Security Screening like you.

### **Traveling by Train**

Amtrak currently doesn't accept pets unless they are assistance dogs. Many European Trains and subways allow pets.

### **Traveling by Ship**

Only a few cruise lines, usually on ocean crossings welcome pets. Some even permit pets in private cabins, but most will have you confine your pets to kennels.

On a closing note: Remember to take your pets with you when Disaster Strikes!

Armani says: Speak up if you witness mishandling of an animal, yours or someone else's at any airport. Safe Traveling!







By Shannon Ehlers

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Did you know as an employee with Development Homes, Inc. you have **FREE** access to our Employee Assistance Program (EAP)? Do you know what that is? The Village Family Service Center offers professionals, ready and able to assist you with a wide variety of issues that may directly, and indirectly, impact your quality of life. They are here to help!

There are so many things going on in our busy lives, sometimes we can deal with them all by ourselves and other times, we cannot. There is no need to suffer or struggle alone, there is help available. Sometimes the fees prevent us from seeking help we are confident we could overcome but just don't have the money – that does not have to stop you.

Did you know you can share visits with your HOUSEHOLD members – but you don't have to? Maybe there is a financial issue you and your spouse could use some help with, or maybe you and your spouse and two children need help with another topic – each person in the household is eligible for 4 visits per year. Now if you have roommates and choose not to share, *that is up to you*. For example, you, the DHI employee, live with 3 friends and you're all attending UND – that puts 4 people in the household with 4 visits per person for a total of 16 visits available for your household. If you have an issue to deal with that you could really use more than “*your 4 visits*” – you can use one or two from your roommate! There are 16 visits available in my example, you can all share them or if one member in the household has a major issue he/she can use one or two of yours or all 16. If it doesn't matter to you, it doesn't matter to us either.

Do you know, or remember, the EAP is **TOTALLY CONFIDENTIAL**?

That is right, each quarter I get a report from The Village that states “*4 females and 3 males were seen*” no names are EVER listed, or reported, to me, or anyone else, at DHI. The topics you discuss with the representatives at The Village are completely confidential and not shared with your supervisor, your supervisor's supervisor or Human Resources – **nobody gets that information**. Please be aware, by law, if you report you are about to harm yourself or another person – there are requirement guidelines the counselors at The Village must report to the proper authorities. Of course that doesn't mean if I say, “*I'd like to ring my son's neck*” it is reported to authorities but if I were to say, “*I've had it, next time Bubba says anything to me at work about (whatever) I am taking a gun to work and I'll put an end to it all.*” If the counsels believes there to be a *credible threat* – it is their responsibility to protect society. In the first example, clearly I am frustrated with my son but I am not likely to “ring his neck” unfortunately, in society today, a comment similar to that of my second example – may be a serious threat but the counselors are trained to recognize the difference.

You might have asked yourself, or asking yourself now, what subject matters can The Village help you? The list is long, includes but is not limited to the following:

Adoption & Pregnancy Counseling  
Counseling Services for Adults and Children

Anger Management

Autism

Infidelity

Eating Disorders

Post Traumatic Stress

Reactive Detachment Disorder

Drinker's Check up

Stress

Family Based Services

Family Engagement Programs

Financial Resource Center

First Step Recovery

Homebuyers Education Course

Depression and Anxiety Psychotherapy Group

Even Web-based Mental Health Counseling is available to you!

If you think you might benefit from a professional opinion – why not give The Village Family Service Center a call at 1.800.627.8220

*Life is too short to be miserable when there is help available to you . . . just reach for it!*



# Autism Walk



**Development Homes, Inc.**

**Free Parking!**

3rd Annual



**FREE EVENT - FUN FOR ALL!**

**Saturday, April 25th**

**9:30 - 11:30 AM**

**UND Wellness Center**

**Walk & Community  
Celebration**





## DHI Gaming Information Janelle Mitzel



Development Homes, Inc. sponsors 5 locations for live gaming in the Grand Forks area. Gaming is located at Rumors Bar & Grill, Joe Black's, Charlie Brown's, El Roco Lounge and Kelly's Bar. Live gaming includes bingo, blackjack, pig wheels, and pulltabs.

### **DHI Bingo Giveaways Every Week!!!**

Rumors

Tuesday - \$1000

Wednesday - \$1000

Thursday - \$1000

Kelly's

Wednesday - \$400

Friday - \$150 & \$250

Charlie Brown's

Every Night - \$100 & \$300



### **DHI Bingo Session Times:**

Rumors

Monday-Friday @12:15 PM

Monday-Saturday @5:30 PM

Kelly's

Monday-Saturday @6:30 PM

El Roco Lounge

Monday-Friday @530 PM

Charlie Brown's

7 days a week @7:45 PM

Saturday & Sunday @3 PM

For daily jackpot information call the Bingo Hotline at 335-4051.





## DHI Gaming Information **Janelle Mitzel**

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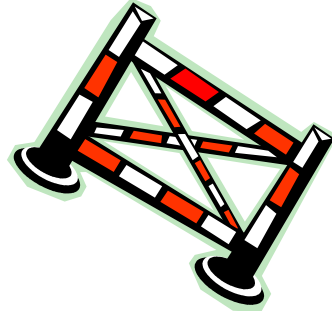
**Race On Into Rumors! Rumors gaming provides pari-mutuel horse betting and live racing broadcasts. Bet on your favorite ponies for the Triple Crown Races this spring!**



**Kentucky Derby - Saturday May 2<sup>nd</sup>**

**The Preakness Stakes – Saturday May 16<sup>th</sup>**

**The Belmont Stakes – Saturday June 6<sup>th</sup>**



## **NDACP DSP Award Nomination**

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Congratulations to Arinoh Kwouajah, DSP at 2585. He was selected to be one of this years 12 DSP's of the year at the upcoming NDACP conference. Arinoh has worked at DHI for almost 4 years. Below is a little bit about him and his work at 2585.

With the turnover statistics being high in our Industry it cannot be expressed enough how valuable it is when a DSP is so dedicated in our field. Arinoh is one of four long term staff at our children's home and he helps new staff learn how to handle extremely challenging behaviors. Arinoh readily shares this knowledge and helps use what he knows to promote independence, dignity and respect. The children's group home he supports ranges in supporting medically fragile children/teenagers and behaviorally challenged children and teenagers. Being safe and managing this every day is a challenge Arinoh responds to. Arinoh is a very calm person and this presence is so helpful during events where verbal and physical escalation occurs. His demeanor helps to defuse situations when supporting people who have become verbally or physically aggressive. He can turn around in the next minute to show his compassion for children with special needs.





# Movie Reviews By Seth Christianson



## McFarland USA



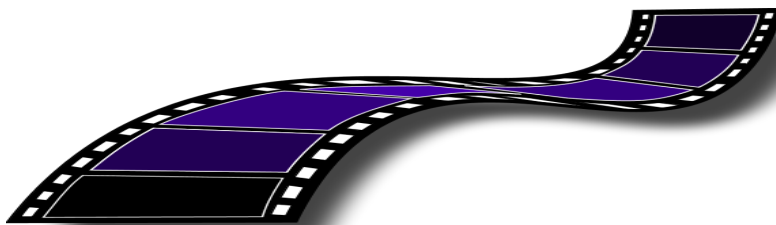
Comments: This movie is INCREDIBLY GOOD! You'll laugh, cry, and cheer!  
I recommend this movie 100% to EVERYONE!



## Project Almanac



Comments: This movie is AWESOME!  
After you watch it, it makes you feel like you can travel back in time.  
I recommend this movie to anyone who likes time travel movies.



## Guess What It Says

## Answers

### Answers

1. "one thing after another"
2. "broken heart or heart broken"
3. "but on second thought"
4. "last but not least"
5. "one in a million"
6. "fooling around"
7. "history repeats itself"
8. "musically inclined"
9. "the beginning of the end"
10. "scatter brain"
11. "line up in single file"
12. "pacing back and forth"
13. "a backwards glance"
14. "a thin line between love and hate"
15. "all things great and small"



## Backyard Fun Word Search Puzzle

E A O P I C N I C P W R I M V  
O N P L A Y G R O U N D H A B  
M H I Y M T T N G R E A D A A  
F R V L I R A N G L G A D A Z  
H E C E O M I Y O N N M U E Q  
C O A F W P Z O I I T B T X A  
T Y D O M S M W U N E A E U Y  
A B N A T C S A T S M R U Q X  
C S C P U Q N O R C I B Q G A  
T I O N N T N E T T L E O I L  
F R I S B E E M A X C Q R E E  
R L E M O N A D E F U U C D R  
L O U N G I N G C Q Q E Y B  
L L L A B Y E L L O V H N L Z  
R Z M I W S C N O N F F K S B

BADMINTON SNOWMAN  
BARBEQUE SWIM  
CAMPING SWING  
CATCH TENT  
CLIMBING TRAMPOLINE  
CROQUET VOLLEYBALL  
FORT  
FRISBEE  
LEMONADE  
LOUNGING  
PICNIC  
PLAYGROUND  
READ  
RELAX  
SLIDE

*Thank you to everyone for all the great articles & ideas!*